



Laser Pre-Op Instruciones

Pre-Op Checklist

- Stop Retin-A, Glycolics, and other exfoliating products 1 week before treatment.
- Discuss use of NSAIDS, Aspirin, and other blood thinners.
- No sunburns within 4 weeks. No sun exposure 2 weeks before and after treatment.
- No microneedling, hydrafacials, Lumen, Zo 3 Step, or other light peels within 2 weeks.
- No deep peels (TCA) or other laser treatments within 4 weeks
- No fillers for two weeks before.
- NO ACCUTANE within (1) one year.
- All medications/antibiotics will be discussed with provider prior to your treatment.
- Avoid tanning, self-tanner, and excessive sun exposure before, during, and after treatments.
- Must not be pregnant or nursing.

Your provider will discuss appropriate adjunctive skin care which will include a sunscreen. Listed below are some of our favorites:

- LUMEN
- Elta MD
- ColoreScience
- ZO Medical
- Jane Iredale
- Neocutis Journee

These products are all available in our offices or online at www.luxhhi.com

Please call our office 843-757-3223, should you have any questions.